



SSC Summer Schedule

Senior

Kamiah	11 AM – 1:30 PM	M-F
Lake Stevens	5:30 AM – 7:00 AM	Tues/Thurs
Lake Stevens	5:30 AM – 7:30 AM	Sat

Note: Regular Season is June 22nd – July 23rd

Junior National Training is July 27th – August 7th (non Junior Nat Swimmer OK to swim)

Note: No training July 24th – July 26th

Note: No training Sat. July 4th

Note: Weights TBD; most likely 8:30 AM - 10:30 AM/location?

AG3

Explorer	4 PM – 6 PM	M-F
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Note: Season is June 22nd – July 22nd; practice resumes in Fall

Note: No practice Friday July 10th due to Moses Lake Meet

AG2

Explorer	6:30 PM - 8:00 PM	M-Thur
	5:30 PM – 7:00 PM	Friday

Note: Season is June 22nd – July 22nd; practice resumes in Fall

Note: No practice Friday July 10th due to Moses Lake Meet

AG1

Explorer	5:30 PM – 6:30 PM	M-Thurs.
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Note: Season is June 22nd – July 22nd; practice resumes in Fall

Note: No practice Friday July 10th due to Moses Lake Meet

DEV.

Explorer	6:30 PM – 7:30 PM	M-W-F
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Note: Season is June 22nd – July 22nd; practice resumes in Fall

Note: No practice Friday July 10th due to Moses Lake Meet